

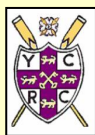
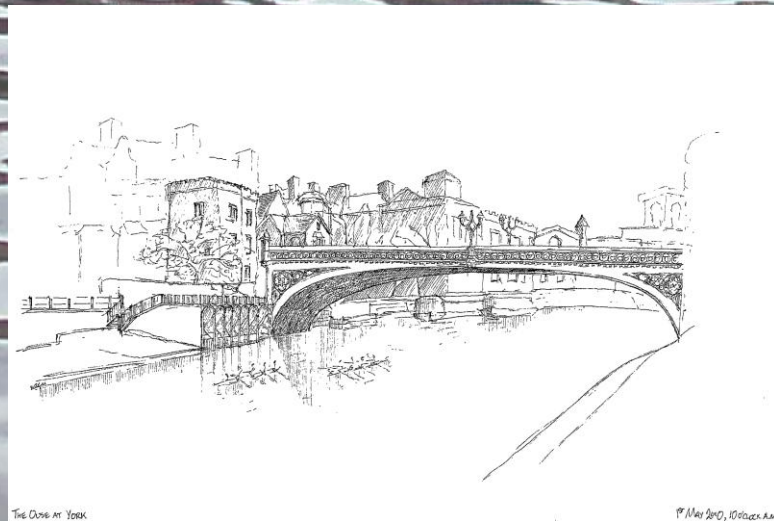
UPDATE NEWS

The York City Rowing Club Newsletter Late Summer 2010

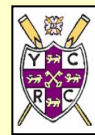
Election of Rowing Officers

Tuesday 7th September, 2010 at 7:30pm

Notice is given of the Special General Meeting to elect the Rowing Officers for 2010/11. This will take place at the boathouse at 7.30pm on Tuesday 7th September. The nomination list will be placed on the club notice board.



Appeal to Refurbish the Boathouse



Plans for extending the boathouse are progressing well. However, the time has come when we must push hard to find the funds to make it happen. We have an indication of the amount of the grant we may apply for. One condition is that the funds we have to raise to match the grant amount (about £150,000) must be either promised or in place.

A volunteer has come forward to organise fund-raising events. These and existing projects, such as the Dragon Boat sponsorship, will go some way to helping, but will not be enough. We also need a person to lead a small team who will write to organisations, companies and other potential donors to persuade them to donate. The Development sub-committee already has in mind some ideas for sponsorship.

The club website www.ycrc.co.uk has some information on the development. A copy of the Club Forward Plan for 2010-2014 can be viewed or downloaded. There is also a link to virginmoneygiving.com where donations can be made on line and eligible tax relief obtained.

The Club Forward Plan envisages that the extended boathouse will have greater use. Indeed it is an objective of British Rowing to expand activity, particularly of recreational rowing. John Sparrow already has a small group going out regularly and members who would like to get out again occasionally should let him know. (see his item on 'Recreational Rowing')

Any member willing to help in any way should contact one of the development committee; Richard Noble, Mike Saville, John Sparrow, Brian Snelson or any other club officer. A simple way to let us know your interests is to email us at admin@ycrc.co.uk and our web team will send it on.

We welcome your enquiries and interest. We need your ideas and support. We will keep you all fully informed of activities and progress.

Friends of YCRC

As we mentioned in the last Ousenews we are keen to get in touch with any past members of YCRC. To do this we need your help in getting in contact with those past members you are still in touch with. Our aim is to increase support for YCRC in the wider community and to have occasional socials at the Boathouse where past and current members can meet their old rowing friends and chew the fat about their exploits past and present. Could you please e-mail (johncsparrow@gmail.com) or text (07800871545) contact information you may have on your rowing buddies to John Sparrow who is compiling the information.

Recreational Rowing

Nationally British Rowing (formerly the ARA) is promoting recreational rowing as a great way to exercise and keep fit. In the past 2-3 months the Club has begun a recreational rowing section. We have been aware that many who take up rowing, particularly through our Learn to Row scheme, want to row for exercise, rather than making a commitment to train regularly for competition. So far a small group of 6-7 new members from the last Learn to Row course form the core of the Recreational Rowing section. But we are aware that many of you, with more experience of rowing, ceased active rowing some time ago because of family or work pressures. So why not come down and join us and get some exercise back on the river? Meet some new people to row with when it is convenient? We want the new section to become self sufficient. The current group already has a wide age range. We are having fun and new people are getting into the sport. You can help to bring these new recreational members on at the same time as increasing your fitness and getting back on the river. Hopefully you will end up rowing for fun with people of similar levels of skill. If you are interested, or know someone who might be, please contact John Sparrow (johncsparrow@gmail.com) or text (07800871545). Now is a good time to think about it - the weather is warm, the evenings are long.



Regatta Dates for Your Diary

The Sprint regatta will take Place on Saturday 18th September 2010. The event will be run as a Qualifying event and entries across all status groups and events are welcome; mixed events are especially encouraged. Please support the regatta on and off the water!

Moving into the autumn, the 2010 Small Boats Head will be held on Sunday 21st November 2010.

2011 Events are as follows:

- The Spring Regatta is on Saturday 7th May
- The Regatta Summer - Sunday 19th June
- The Sprint Regatta - Saturday 17th September
- Small Boats Head - 20th November

The Yorkshire region is also keen to recruit new Umpires to the panel. The Umpire is responsible for the conduct of a race and undertakes rigorous and continual training to ensure that racing is safe and fair for all competitors. The Race Umpire uses his or her judgement to restore fair and equal chance to the competitors in each race, as guided by the British Rowing Rules of Racing.

If you think you might be interested in training to become an Umpire please contact me.

Ian Hazel-Gant, Hon. Regatta Secretary

Squads

JUNIORS

Since the Spring newsletter, the club Juniors have competed at York Spring and Summer Regattas, plus those at Tees, Durham, Bradford, National Schools, National Championships Henley Women's and Henley Royal. So far this regatta season the Juniors have recorded a hefty 56 wins! There have been 12 wins in single sculls, 19 in double sculls, 9 in coxless quads and 16 in coxed quads. Unfortunately I only have space to mention the National events we have been to.

The girls J18 squad raced successfully in various combinations, reaching the finals at the National Schools and National Championships. They also raced at Women's Henley where they were unfortunately drawn against the National Schools winners. The girls involved were Joanne Davey, Alice Janulewicz, Rebecca Turley, Iona Harrap, Izzy Clegg and Laura Deacon.

The J18 boys quad also raced well to reach the final at the National Schools. This led to the crew pre qualifying for Henley Royal. Following a reshuffle, the crew of Owen Harrison, James Reeder, Myles Castagnino and Chris Wright were the first YCRC Junior crew to get through a round at Henley Royal. One of the crew lost his grip on a scull on the third stroke, as reported in the Daily Telegraph sports pages. This led to their opponents, Kings School, Ely taking nearly a length lead. The York crew kept their nerve, drawing level at about half way and going on to a half length victory. In the quarter finals they came up against a selected composite crew, including two of last years event winners. Despite a good row, and their best efforts, the crew went out to them. Five Junior crews raced at the National Championships, including a double of Owen Harrison and James Reader. This duo raced together at several national events in previous years. Despite Owen being subject to injury in the build up they went on to take bronze medal position. This resulted in them being selected to represent England in the Home Countries match in Cork. The boys had a really enjoyable weekend in Ireland. They raced neck and deck with the Welsh double for most of the 2000m course with the lead changing hands. In the end the Welsh crew edged ahead of the York duo, who were well ahead of Wales and Scotland.

WOMEN

The women's squad put in some fantastic performances at Henley Women's Regatta this year, with all 4 crews qualifying and putting in strong performances in the first round. The Women's Senior 2x managed to reach the quarter finals, the strongest performance to date from a York women's double at Henley, but were unable to capitalise on a strong start. The women's 8+ who had stepped up to the senior category this year also gave a strong performance, narrowly missed out on a place in the final.

Whilst these crews were away representing the club down south, the intermediate section of the squad represented the club at the York Regatta in quads and fours. They have continued to train as a group, along with students joining us for the summer, following this event whilst some of the senior members take time out.

The squad would like to note their thanks to Pat for coaching this year and to those who have given their input to the squad at times throughout the year.

MEN

Marlow

YCRC 4X- D Heffernan, E Beddingfield, A Wilkinson, P Evans

5th in ELITE 4X- Semi Final

YCRC 8+ A Haycock, D Steele, G Scott, O Neilson, J Rutterford, J Appleton, J Savage, W Lawrence, T Bulpitt

4th in IM2 Final

4th in IM1 Heat

Henley Royal Regatta

Having Prequalified both the 8+ and the 4X- things were going well for both crews from York until the draw paired each boat up with a seeded crew in their respected events.

Despite a committed performance both boats were beaten in the first round.

Thanks are passed on to Elliot Clarke who jumped into the eight with 7 days notice to fill the seat vacated by John Appleton due to health reasons.

Many thanks also go to Charlie Heise, Sean Potter, Noll Heffernan & Caroline Sherlock for their commitment to coaching these boats for the 7 weeks leading up to Henley Royal Regatta. Members of both boats and others from the squad would like it to be known that the results in the summer and ultimately the prequalification for Henley Royal would not have been possible without the coaching received from the above mentioned team.

