



Special General Meeting

Tuesday 1st September 2009 at 7.30pm

Notice is hereby given that there will be a Special General Meeting of Life and Active members at 7.30pm on Tuesday 1st September, to elect the Rowing Officers for 2009/10.

Nominations may be made on the nomination list on the club notice board.

Captain's Report

There can be no doubt whatever that over the many months since last autumn, all members from each of the squads have committed themselves heavily to training at all levels of competition both local and national. The most notable success this year being the women at Women's Henley, which demands recognition and congratulation.

As I am sure all of you are aware, this sport is very peculiar in that wins also sometimes occur when they are least expected. Sometimes it may seem that hard training does not always bring the desired results, but the training and competition is never wasted. No matter how many years one rows or sculls we are always seeking to improve whenever we go out for a trip. That is what this sport is about.

As the more serious period of the 2009 rowing calendar comes to an end, I am quite sure that all of us will go out to relax a little bit during the 'pot hunting season' and collect a good stash of wins for the Club and pots for the shelf at home.

I look forward to seeing all of you at the Club during the B-B-Qs to be held in August and hope that we can also get to spend sometime onto the hills with some fell walking with those of you who may be interested.

Finally, I wish it to be noted that nearly every event held at the Club would not have been as successful, either socially or financially, without the assistance of the Juniors' parents. May I, on behalf of you all, extend our thanks and gratitude.

May I wish you all an enjoyable and well earned summer break before the dawning of the autumn season in September.

Nic

Nic Price, Club Captain

SCULLS DESPERATELY NEEDED

Over the last few months the number of members sculling has increased to a point where on some days members simply can't get on the water due to the lack of sculls. This often includes all of the macon sculls also being in use. If you have a set of sculls which are unused would you be prepared to donate them to the club or sell them? Please contact our Captain Nick Price if you can help on 07813980250

YCRC Juniors

We now have about 60 active Junior members, Which is a record for the club. Although a few will be leaving us at the end of the academic year, we have a large list of youngsters wishing to try rowing.

The spring saw good results for our two J18 boys quads at the National Junior Sculling head where the 'A' crew came 3rd overall to gain Bronze Medals. The 'B' crew came 6th overall to gain Gold Medals for the fastest 'B' crew of the day. The crews both went on to get into the final at the National Schools Regatta. The Crews were Owen Harrison, Tom Korobejko, James Reeder and Chris Wright, and Eliot Clark, Joe Feeney, Tom Calvert and Nick Bartlett. At Nat Schools Chris Wright and Tom Korobejko continued their doubles success with a Silver Medal in Championship Doubles. For the first time a YCRC Junior Quad was accepted for the Fawley Cup at Henley Royal Regatta without having to qualify. Unfortunately Owen, Chris, Joe and Nick lost in the first round by half a length. The crew then went on to reach the final at the National Championships. Our other reformed quad missed out in the Henley qualifiers by about 2 seconds. Meanwhile Tom Korobejko progressed to the Semi Finals in a composite quad of GB Junior trialists, where they lost to the eventual winners.

At the Junior Inter Regional regatta for J14's to J16's Iona Harrap and Rebecca Turley surprised their southern opponents by gaining a well deserved Bronze medal in WJ16 doubles, pushing the second placed crew strongly to the line. They followed this performance up with an excellent 4th place at the National Championships.

At a local level we had too many wins to mention them all. YCRC Juniors recorded 16 Wins at York Spring, 16 at York Summer, 13 at Bradford, 10 at Durham City and 7 at Durham Regatta. Our youngest competitor Christopher Burgess won at Durham, York and Bradford in J12 and J13 sculls. Other Juniors to record their first regatta wins this season have been Joanne Davey, Alice Janulewicz, Jim Gillick, Matthew and James Kelly, Ella Davies, Lilly Draper, Rachel Godfrey, Laura Newby, Ben Smith, Billy Smith and Sam Speechley. Commiserations to Jim Gillick who damaged a muscle at the National Championships when he was well placed to get into the final of J14 singles.

More recently YCRC Juniors were called upon to enter a crew in the Rotary, Dragon Boat event, when a crew withdrew. With the aid of a couple of coaches and parents, the 'Junior crew' went on to come second overall. Having beaten the YCRC seniors, and the Army crew, they could not quite match the winning RAF crew. This was a fun day, as was the Junior and family BBQ held at the club a couple of weeks earlier.

Congratulations to all club Junior's for their efforts at every level over the spring and summer.

Phil

Phil Jones, Junior Coordinator





YCRC Women

Since the last Ousenews the women's squad have been very busy competing at; York Spring, Doncaster, Peterborough, Loughborough, Nat Vets, York Summer and Henley Women's Regatta are now enjoying some summer sculling and preparing for some mixed racing and training for the challenge of Boston Marathon! New members have integrated well this season and have also started competing - with Vicki Johnston winning Int2 1x at York Summer.

Event News: A Nov 4+ containing three of last years learn to row course competed at both York regattas improving with every race.

Becky Raines uniquely represented the squad on an early April morning as she sculled across the channel with her colleague Kate - as you do!! Well done for a great achievement.

The women's Int34+ of Louisa Carr, Thea Holloway, Amelia Sankey, Loretta Williams and Dominique Stork also competed at York winning their category convincingly.

Nat Vets: The squad went on to record some very good results at Nat Vets. In particular second place for Anne Homa in Vet B 1x and wins for the VetC 4x of Ali Stevens, Liz Porte, Esther Clutton and Karen Williams and the VetB 2x of Clutton and Williams. NICE ONE LADIES!

Henley: The squad took two boats to Henley qualifying both the Int 4+ and Int8+.

The four of Ali Stevens, Jo Brehaut, Hazel Jones and Emma Levison, cox Simon Cocks were successful in qualifying for the event but were unfortunately knocked out in the first round.

The eight of Cox Dominique Stork, Loretta Williams, Cath Smith, Mags Felter, Louisa Carr, Thea Holloway, Amelia Sankey, Lizzie Higgins and Tasha Kefford found themselves racing Hollingworth Lake in the first round. The crews dominating performance took them to the quarter finals against Furnival. With failure of the cox box the crew pulled out all the stops to take the race to the opposition with a winning verdict of 1 1/2L. The crew then defeated Reading in the semi finals and were to meet Vesta in the final. The York crew used their strong belief in each other to defeat the Vesta crew by half a length to lift the Challenge Cup. An awesome achievement and a first ever win at the event for a crew from York City. WELL DONE LADIES!

Thanks must go to Alec for continuing to support the Novice rowers and Noll for her support to the scullers. Special thanks also go to Gav for his technical coaching and support in the run up to and at Henley Women's regatta itself!

The squad says goodbye and good luck to Ruth Easterbrook a longstanding and very successful member of the women's squad who has moved to the land of cider and Frida Johannesdottier who has moved back home to Iceland. The women's squad also sends their best wishes to the family of Chrissie Dunn who sadly passed away on Monday 20th July.

Loretta

Loretta Williams, Women's Squad Captain



YCRC Men

The 2009 regatta season has proved to be long and hard for all who competed. The senior squad sent various crews on the long trip to the capital a total of five times to compete at Wallingford, Metropolitan, Marlow, Henley Qualifiers & Henley Royal Regatta where we came up against some very strong opposition in all boat classes. The top coxed four of Ed Beddingfield, Joe Lyons, Simon Woodfine, Pat Evans & Gayle Baker qualified for the Britannia Challenge Cup at Henley Royal Regatta. Unfortunately for the crew, they drew the event favourites and eventual winners Agecroft in the first round.

The veteran squad, still enthusiastic after promising results through the head season, continued on with the National Veteran Championships in their sights. Competing in eights & coxed fours at Vet B & C status they recorded some fine performances as well as a number of local regatta wins in the Vet C 4+. In smaller boats Alec Gilchrist, Martin Walsh and Bob Jones all continued to dominate their respective events with numerous wins at local regattas and podium finishes at the National Veteran Regatta.

Slightly further away from the club Dave Heffernan has raised his game once again to become a permanent fixture in the Irish Lightweight squad this year. His achievements have recently included a victory at the Irish National Championships in lightweight singles.

Due to a slightly obvious recruitment campaign currently underway, numbers are slowly growing. It is hoped that further increases in participation at all levels will continue on into the winter season and put the squad as a whole in a position to challenge for further honours next year.

Cheers
Gav

Gav Morris, Men's Squad Captain

Regatta News

The Spring and Summer Regattas were run as 'Primary Regattas', that is to say, racing was mainly aimed at Juniors and to encourage racing at the lower level of the new Intermediate class. Both Regattas were a success and thanks goes to all those who helped out.

The Sprint Regatta will take place on September 19th over the 'Short Course'. The Events Committee have decided that the Regatta will be run as a normal event with an emphasis on Junior, Mixed and Veteran events. Although the Sprint is a smaller Regatta much help is still needed and so please e-mail me or sign up on the poster in the Clubhouse Lobby, nearer the time, to indicate you can assist.

Thanks to Christine Clarke for her hard work as Regatta Secretary over the past few years and to the Events Committee of Brian Snelson, Eddie Bacon, Phil Jones and Sally-Anne Richardson and Christine for their sterling work. Thanks also to all those who under take organisation, marshalling, launch driving, catering roles and the many other tasks that make our events profitable and successful

The Small Boats Head is on Sunday 22nd November.

Ian

ianhazalgant@yahoo.co.uk

Ian Hazel-Gant, Regatta Secretary

York City Rowing Club Annual Dinner 2009

Location: Merchant Adventurers' Hall and then dancing later at the Club

Date: Saturday 28th November 2009 Time: 7.30pm

Price: £45 includes 3 course dinner with coffee and then a disco at the Club.

Unfortunately it is not feasible to offer reductions or concessions as the dinner does not produce a profit.

A Special Year! Once again we have some Henley winners to celebrate! This year, the Women won the Challenge Cup for Intermediate Eights at Henley Women's Regatta. This is a brand new event and York will be the first to have their names on the Cup. By special arrangement the Cup will be brought to the Dinner for all to view.

After the 2008 dinner, John Sparrow invited members to comment on where the dinner should be held in the future and a result of 3 to 1 voted in favour of returning to the Hall. Even though the Racecourse was £5 cheaper, members found that they spent considerably more on transport to and from the venue and Club. Other venues were considered including the National Railway Museum, the Hospitium, the Royal York Hotel and the Gimcrack Suite at the Racecourse, but they were all found to be either out of our budget, too small, or the quality inconsistent. If people have other suggestions for future years then please contact Stephanie Hazel-Gant.

Tickets go on sale from Monday 2nd November. If you wish to spread the cost by paying £20 in advance, then please contact Stephanie on sjg11@york.ac.uk or telephone 07870 864 530

SUBSCRIPTION REMINDER

Members are reminded that subscriptions for the clubs financial year 1st October 2009 to 30th September 2010 will become due on the 1st October. If you are intending to renew your subscription please do so promptly after that date!

Statements will be sent out shortly with details of the clubs bank account for those who wish to pay on line unfortunately we can not deal with direct debits. Our subscription rates are among the lowest in the country and our equipment and facilities are regarded as among the best available, several members chose to make donations to the boat fund or the general fund when paying their subscriptions, if it is possible for you to do so, please consider this an option.

UKCC Level 2 Certificate in Coaching Rowing at York

Dates - 3rd, 17th, 24th, 31st October + 1 evening (tbc)

This course is aimed at beginner coaches, focusing primarily on how to coach as well as the rowing specific knowledge of what to coach. Applicants must be 16 years or above, have some previous experience of rowing (through participating, coaching or spectating). Key areas the course covers are first aid, equipment, developing technique & skill fitness.

The full cost of the course is £350 however there are grants available which mean that it should be possible for most people to get the majority of this funded.

details on the course and how to apply are on the Yorkshire Rowing Council Website

<http://www.yorkshirerowing.co.uk/>

you want any more information please contact Rory Semple on 0113 2660926 / 07884 230884 or e-mail rory.semple@ara-rowing.org

The closing date for applications is 22nd August

Boats Officer

As pointed out in the subscription reminder above, we do like to think that we have one of the finest fleets of boats in our region, with hopefully something to suit everyone. I do try to keep everything in top condition but I can only do this with everyone's help. Particular thanks this year need to go to Tony Sherlock and his willing band of junior helpers (although surely they should have been at school? Wouldn't have happened in my day...).

To keep things properly maintained we do need to know when they're damaged though! So here follows some handy hints and tips to help keep everything in order (and make my job a bit easier).

1. If you do damage something, let somebody know about it. Preferably let me know but at the very least let Phil or one of the captains know and they'll track me down. Accidents happen and things get damaged, it's not knowing and being expected to repair things that annoys me.
2. If it's a spare part you need, try the drawers at the back of the 8s bay. I do try to keep these fairly well stocked with day to day items. If it's something bigger then ask, we've got spares for most common boat bits. Whatever happens don't - take parts off another boat in the fleet. This is anti social in the extreme as whilst it solves your immediate problem it only passes it on to someone else who can't go out, and then me to fix it later. If you do use any spares, let me know, then I'll order replacements.
3. Most of the damage our boats suffer is when they're being taken on and off racks. This is tedious as it's almost entirely preventable. The doubles should all have a piece of carpet on the hull around the area of riggers above - if you make sure this is on whilst taking the boats on and off racks then hull damage will be greatly reduced. This takes a bit of extra time when you're boating, but it'll save you time when racing as every hole in the boat adds up to extra weight of filler in the shell and extra drag from the now uneven surface.
4. The second most common repair I do is replacing fins. They are designed to be replaceable and it's easily done BUT they cost £20 each. When you're out, keep a look out for debris and if you feel something hit the bows hard, stop rowing and try to slow the boat down.

Thanks!

Andy

Andy Wilkinson, Boats Officer



Ousenews: If you have any articles or items that you would like including in the next issue of ousenews, please contact Mags (margrethefelter@hotmail.com) and Tasha (natasha.kefford@hotmail.co.uk).